

YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

METROPOLITAN OPERA "ADRIANA LECOUVREUR" AT UNCW FISHER CENTER

SATURDAY, JANUARY 12TH LEAVING AT 11:40AM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 615 Hamilton Dr. Tickets required. To purchase tickets, you must call (910) 962-3195. We must have 8 to take the coach.

PNC BROADWAY SERIES PERFORMANCE OF "EVITA" AT THE WILSON CENTER

SATURDAY JANUARY 12TH LEAVING AT 6:45PM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, you must call (910) 362-7999.

UPCOMING PROGRAMS THIS MONTH...

BAYWATCH QUARTERLY PUBLICATION MEETINGS

WEDNESDAY, JANUARY 2ND, TUESDAY, JANUARY 8TH AND TUESDAY, JANUARY 15TH ALL AT 3:00PM IN THE ART STUDIO

We are wrapping up the 12th issue of the Carolina Bay Watch! Please submit stories, reviews & pictures by Monday, January 14th to be published in the February issue.

MAGNETIC CLASP NECKLACES

THURSDAY, JANUARY 3RD AT 3:00PM IN THE ART STUDIO

Bring your necklace that's tricky to put on and have it swapped with an easy to use magnetic clasp!

A JOURNEY THROUGH THE BIBLE WITH BOB PERRY

FRIDAYS AT 1:30PM IN THE CHAPEL

Have you ever sat down and made a vow to read the Bible from the beginning and finally quit in confusion and frustration. Would you like to give it another try with some help from an enthusiastic lay person?

Starting January 4, 2019 we will meet every week on Friday at 1:30 pm in the chapel and set off on a journey through the narrative books of the Bible from Genesis through the Acts of the Apostles. We will uncover fascinating biblical history as well as some history of the Bible itself. No matter how much you already know, you may discover new and surprising information about what is in your Bible.

"52 WEEKS WITH JESUS" BIBLE STUDY LED BY CHAPLAIN JOHN SOLANO

MONDAYS AT 2:00PM IN THE CHAPEL

The book "52 Weeks with Jesus" by Dr. James Merritt will be used for this study. The book is required and may be ordered from Amazon or eBay. Life Enrichment Director can assist you in ordering your book.

TECH TUESDAY WITH ZACK- RECAP OF PREVIOUS SESSIONS

TUESDAY, JANUARY 8TH AT 2:00PM IN THE FORUM

MOVIE MATINEE: "MAMMA MIA! HERE WE GO AGAIN"

WEDNESDAY, JANUARY 9TH AT 4:00PM IN THE BILLIARD LOUNGE

In this sun-soaked sequel, a pregnant Sophie (Donna's daughter) is now running the family villa on Kalokairi and worried about facing motherhood minus her mom's guidance. But Donna's best friends reassure Sophie with tales about Donna's experiences.

CREATING CREPE DAFFODILS

THURSDAY, JANUARY 10TH AT 3:00PM IN THE ART STUDIO

Bring lovely daffodils into your home this season, no changing of the water required!

ALOHA LIBRARY MONTHLY VISIT

FRIDAY, JANUARY 11TH AT 11:30AM IN THE LOBBY LOUNGE

This "Library on Wheels" is fully equipped to provide nearly all of the services found at the New Hanover County Public Library. Sign up for a library card, check out & return books & dvds, and picking up books put on hold from the online library catalog.

NEWCOMER'S WELCOME WAGON VISIT WITH VIVIAN DESANTO

THURSDAY, JANUARY 17TH AT 1:00PM IN THE BILLIARDS LOUNGE

If you are unable to make this day & time, she would love to set a personal appointment with you. Please call her to schedule your appointment at (910) 742-1053.



LIFE ENRICHMENT CALENDAR OF EVENTS

JANUARY 2019

630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; Purposeful, Spiritual, Physical, Social, Emotional, Intellectual

Shore Things This Month

WHITE WINE SOCIAL WITH THE ENTHUSIASTIC DUKE LADD ON PIANO

FRIDAY, JANUARY 11TH AT 4:00PM IN THE FORUM

Start the weekend early with a complimentary glass of wine & the fun songs with Duke!

SPEAKER: DR. MARY RUDYK ON "THE KEY ELEMENTS OF PLANNING"

WEDNESDAY, JANUARY 23RD AT 5:00PM IN THE FORUM

This one hour workshop will enable you to learn about the key elements of planning that can be used to assist you or your loved one in making the most out of your futures. Dr. Mary Rudyk and others will provide key insights into the most critical elements of the planning process. We hope you take this opportunity to increase your knowledge, ask questions and gain peace of mind. Light refreshments will be served.

WINE & CHEESE SOCIAL WITH JERRY POWELL ON GUITAR

FRIDAY, JANUARY 25TH AT 4:00PM IN THE LIGHTHOUSE MARKET

Get a little nibble before your meal with a complimentary glass of wine and relax with Jerry!

SPEAKER: SARA ROSE HARCUS, WOMEN TO WATCH WINNER ON DMANNA, UTI PREVENTATIVE

TUESDAY, JANUARY 29TH AT 4:00PM IN THE FORUM

Are you suffering from frequent, painful UTIs? Dmannna is a prevention tool for people experiencing chronic or recurrent UTI symptoms. Avoid harmful antibiotics by including Dmannna in your daily health routine and kill the UTI before it develops. Dmannna has been shown to significantly decrease your risk of Urinary Tract Infections when taken daily, for less than \$1 a day.

Out On The Town

MUSIC AT FIRST PRESBYTERIAN FEATURING BEVERLY ANDREWS ON VIOLIN & DOMONIQUE LAUNEY ON PIANO

SUNDAY, JANUARY 13TH LEAVING AT 4:15PM FROM THE LOBBY

25 seats available on the coach. More seats available at church on 125 S. 3rd St. Admission is Free, Donations Accepted.

THALIAN CHILDREN'S THEATER DRESS REHEARSAL OF "STUART LITTLE"

THURSDAY, JANUARY 17TH LEAVING AT 6:45PM FROM THE LOBBY

Thalian Association Community Theatre presents a Youth Theatre production of Stuart Little at the Community Arts Center in downtown Wilmington, NC. Based on the classic E.B. White book, the play follows a mouse who is born into an ordinary New York family. Sign-up to support your local upcoming actors & actresses!

CHAMBER MUSIC WILMINGTON "ALZURI QUAKTET" AT BECKWITH HALL

SUNDAY, JANUARY 27TH LEAVING AT 6:45PM FROM THE LOBBY

Free ticket to the first 8 to sign up!! 25 seats available on the coach. More seats available at 5270 Randall Dr. Tickets required. To purchase tickets, you must call (910) 962-3500.

39TH ANNUAL NORTH CAROLINA JAZZ FESTIVAL- OPENING NIGHT

THURSDAY, JANUARY 31ST LEAVING AT 6:45PM FROM THE LOBBY

Held at Hotel Ballast, enjoy an evening of high class jazz including Grenoldo Frazier! FREE ticket for door decorating winners! To purchase ticket, please call (910) 793-1111.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | NEW YEAR'S DAY 1 1:00 Mahjongg/CR 3:30 Kitchen Tour with Mo/6max/PUB 5:00 1st Floor Happy Hour/AS | 2 9:00-1 RSVT/L 10:30 Protestant Worship w/ Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 3:00 Knit,Stitch,Craft,Chat Meet/L 3:00 Baywatch Meeting/AS 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL | 3 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 1:30 Bridge Club/CR 3:00 Magnetic Clasp Necklaces/AS 7:00 Billiards/BL | 4 9:00-3 RSVT/L 1:00 Journey Through the Bible with Bob/CH 2:30 Maintenance Comm.Meet./CR 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 7:00 Movie & BYOD/CR 7:45 Friday Bridge | 5 |
| 6 9:30 Catholic Communion Service/BC /3rd Floor | 7 9:00-1 RSVT MEDICAL ONLY/L 11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 2:00 "52 Weeks with Jesus" by John Solano/CH 3:00 Activity Committee/AS 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Movie & BYOD/CR | 8 1:00 Mahjongg/CR 2:00 Tech Tuesday with Zack/F 3:00 Baywatch Meeting/AS 5:00 1st Floor Happy Hour/AS | 9 9:00-1 RSVT MEDICAL ONLY/L 10:30 Protestant Worship w/ Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 2:00 Wellness Comm.Meet./WS 4:00 Movie Matinee: "Mamma Mia Here We Go Again"/BL 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL | 10 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT MEDICAL ONLY/L 10:00 Audiology of Wilmington/CR 1:30 Bridge Club/CR 3:00 Creating Crepe Daffodils/AS 4:00 Operations Comm.Meet./BL 7:00 Billiards/BL | 11 9:00-3 RSVT MEDICAL ONLY/L 9:00 Breakfast Social: Bagels/LH 11:30 ALOHA Library Visit/L 1:30 Journey Through the Bible with Bob/CH 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 4:00 White Wine Social w/Duke Ladd/F 7:00 Movie & BYOD/BL | 12 11:40 Trans. To: Met Opera: "Adriana Lecouvreur"/\$L 6:45 Trans. To: PNC Broadway Show of "EVITA"/\$L |
| 13 9:30 Catholic Communion Service/BC /3rd Floor 4:15 OUTING: Music @ First Pres. w/Beverly Andrews/L | 14 9:00-1 RSVT/L 10:00 Bible Study w/Beth/CH 11:00 Bridge Basics/CR 1:30 Book Club/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Movie & BYOD/CR | 15 1:00 Mahjongg/CR 3:00 Baywatch Meeting/AS 5:00 1st Floor Happy Hour/AS | 16 9:00-1 RSVT/L 10:30 Protestant Worship w/ Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 3:00 Knit,Stitch,Craft,Chat Meet/L 3:30 Dining Service Com. Meet./DR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL | 17 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 11:00 Environmental Comm. Meet/BL 1:00 Newcomers w/Vivian/BL 1:30 Bridge Club/CR 6:45 OUTING: TACT dress Rehearsal of: "Stuart Little"/L 7:00 Billiards/BL | 18 8:00 Breakfast Buffet w/ Morrison's/\$LH 9:00-3 RSVT/L 11:00 Resident Council Meet./CR 1:30 Journey Through the Bible with Bob/CH 3:00 How to Live at Carolina Bay/F 7:00 Movie & BYOD/BL 7:45 Bridge/CR | 19 |
| 20 9:30 Catholic Communion Service/BC /3rd Floor | MARTIN LUTHER KING JR. DAY 21 9:00-1 RSVT/L 11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Movie & BYOD/CR | 22 1:00 Mahjongg/CR 2-5:00 Forum RSVD 5:00 1st Floor Happy Hour/AS | 23 9:00-1 RSVT/L 10:30 Protestant Worship w/ Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 5:00 2nd Floor Happy Hour 5:00 SPEAKER: Dr. Mary Rudyk, MD "Key Elements of Planning"/F 7:00 Poker Group/BL | 24 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 1:30 Bridge Club/CR 7:00 Billiards/BL 7:30 Winter Doldrums Sing-a-Long Program/F | 25 9:00-3 RSVT/L 9:00 Breakfast Social: Krispy Kreme/LH 1:30 Journey Through the Bible w/Bob/CH 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 4:00 Wine & Cheese Social w/Jerry Powell/LH 7:00 Movie & BYOD/CR | 26 |
| 27 9:30 Catholic Communion Service/BC /3rd Floor 6:45 OUTING: Chamber Music Wilmington/L (8 Free Tickets) | 28 9:00-1 RSVT /L 11:00 Bridge Basics/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Movie & BYOD/CR FEBRUARY CALENDARS RELEASED | 29 1:00 Mahjongg/CR 4:00 SPEAKER: Sara Rose Harcus on Dmanna/F 5:00 1st Floor Happy Hour/AS | 30 9:00-1 RSVT/L 10:30 Protestant Worship w/ Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 4:00 February Sign Up Binder Out 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL | 31 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 1:30 Bridge Club/CR 6:45 OUTING: NC Jazz Festival Opening Night/\$L 7:00 Billiards/BL | <h1 style="font-family: cursive;">January</h1> | |